

Editorial for August 2012

My Experiences With Bird Remedies

I frequently wonder if creating a theme for a group of remedies helps!! This is positively not my thinking at least in case of bird remedies as I have had cases where the patient has responded even against the basic theme.

What is the fundamental reason behind this? The answer to this lies in the very simple fact that themes have nothing much to do with the finer aspect of provings. Let's examine some of the common themes which many international teachers project in their seminar but in practice I wonder if it really does matter.

- Bird remedies portray a need for independence and freedom.
- Bird remedies have high energy
- Bird remedies eat a lot
- Bird remedies love speed
- Bird remedies have dreams of flying
- Bird remedies love heights
- Bird remedies love adventure
- Bird remedies have physical features like: angular, sharp faces, swept back hair, long earrings, colour blue in clothing.
- Bird remedies have hand gestures like: pecking, claw grasping.
- Bird remedies patients usually are pilots in airlines and C.E.O. of big companies

To the very contrary what I have observed goes something like this.

Case:1

I had a male middle aged patient complaining of bleeding piles for the past several years. He had tried various therapies but to no success. On history taking I found out that he is unmarried, thin, not so handsome looking male, having many features of self-neglect like he talks little, has no desire, no will, always undertakes things but never completes them. First I thought it was a case of depression that was a result of his strong father who never showed him emotions like any other father would for which he had a tremendous anger. Also his father never encouraged him in anything which led him to stay away from everyone with no friends and no interest in anything. At the age of 45 he was still not employed even though he had a bachelor's degree in commerce. He made many mistakes in speaking and writing because of his timidity and weak will. He had also itching of anus with chronic constipation and an aversion to salt.

My conclusion at the end was total detachment, forsaken feeling, sadness, suppressed anger towards his father, weak will and low self-confidence.

He received Haliaeetus Leucocephalus 30c five cup method, 1 tsf twice a day for a few weeks. In the first 3 weeks only his bleeding stopped by more than 60% and a few more doses totally cured his bleeding. Around ten years have passed and there is no recurrence!!!! Also his confidence level improved and he within few years he fell in love with a girl of his choice.

Case: 2

Another case was of an old woman with chronic osteoarthritis of both knee joints. She was on anti-inflammatory drugs for years. She wanted to seek some relief from homoeopathy. I promised her that I can't cure but palliate her without her having to use any anti-inflammatory drugs. Her knee was swollen and tender to touch.

Her history was as follows; she was married for more than 25 years with a man who abused her physical, sexually and verbally due to his chronic alcohol and gambling problem. She suffered a lot but never complained as she never wanted her only son to suffer.

She tried a lot to reform her husband but eventually she lost. She never even received any support from her relatives and friends. It was like fighting her battle alone. She always felt that her parents got her married to this man and put her in prison!!!!

She does not want to die as she wants her son to settle in life but always gets thoughts of getting cancer. She was very insecure of her finances. Her knee pain was worse motion and exertion; her hands were cold and clammy. She has a strong aversion to go and eat in restaurant and would prefer home food except that she loves chocolates. Her sleep was disturbed due to unwanted thoughts of her bad past. She got Falcon Peregrinus 30c few doses for next few months with total recovery of her knee swelling and pain.

Case :3

This is a case of a man who was married and living in a joint family. He had a lot of responsibility over his shoulder to run the family with his low income. He struggled a lot economically to make ends meet and at the same time he had a brother who was irresponsible and lazy who never took any responsibility of the family. Yet people in his family including the patient's mother loved his brother a lot which produced a feeling of neglect in the patients mind and a sense of not being understood by his family. He felt very depressed about the whole situation and slowly developed an urticarial type of rash all over his body with excess of itching. His blood sugar in fasting mode was on the higher side. He also complained of low back pain since years. He tried to change his diet and life style but the ongoing unhappiness did not allow him to feel better. I first started with Argentum nitricum because of his sense of being neglected and forsaken feeling but that gave him no relief. Later I gave him Hamamelis but this too never gave him relief. Finally I saw the rubric in the Synthesis repertory in Mind- understood by his family not, along with this rubric I saw forsaken feeling, delusion neglected

and gave him the remedy *Buteo Jamaicensis* 30c. Just a few doses gave him relief. For the next few months there was no recurrence of the same complaint with a good sense of well-being.

Now tell me did all the three cases fit the theme of bird remedies as proclaimed by international teachers???