

## **PARKINSONISM AND HOMOEOPATHY**

Parkinsonism in simple words is defined as a gradual deterioration of nerve centres in brain, responsible for controlling movement; as degeneration proceeds, the delicate balance between Dopamine and Acetylcholine that ensures transmission of nerve impulses is also upset. In most cases no obvious cause can be found, but in a few cases the culprit has been found to be carbon-monoxide poisoning, poisoning by heavy metals such as mercury or manganese, or drugs particularly phenothiazines used in the treatment of schizophrenia.

In allopathic science, Parkinsonism is usually controlled by anti-cholinergic drugs, but these can have unpleasant side effects. The following remedies have been useful to at least help the patient to stabilize their dose of anti-cholinergic drugs or to reduce their intensity of tremors or help in their rigidity or stiffness –

- a) Neodymium metallicum 30 C has shown excellent results to gradually keep the tremor and rigidity under control.
- b) Lolium 30 C has been found very effective in controlling the tremors.
- c) Hyoscyamine hydrobrom 30 C has been effective in controlling rigidity and depression that frequently accompanies the disease.