

DISORDERS OF DIGESTION

Digestive disorders include the treatment of diseases of the liver and digestive tract, including the stomach, duodenum, gallbladder, biliary tract, pancreas, small intestine and colon.

The first sign of problems in the digestive tract often includes one or more of the following symptoms:

- Bleeding
- Bloating
- Constipation
- Diarrhoea
- Heartburn
- Incontinence
- Nausea and vomiting
- Pain in the belly
- Swallowing problems
- Weight gain or loss

Tests for digestive problems can include colonoscopy, upper GI endoscopy, capsule endoscopy, endoscopic retrograde cholangiopancreatography (ERCP), and endoscopic ultrasound.

Case1

A business man suffering from chronic acid reflux came to see me from Amravati in October 1992.

He had following complains viz. eructations worse lying down esp. night, he also has oppression in his epigastric region, after eating food there is an distension. The eructation are quite forcible and loud, they come esp. when rising from stooping position, they taste quite acid and then the acidic taste remains in the mouth for hours together. On eating ice cold

slush or ice cream nausea follows which is only better by taking antacids,infact he gulps 3-4 tablets of Ranitidine(H2-receptor antagonist).Antacids almost became his daily food. His other complains were slow digestion whatever he eats in the morning the food remains in his stomach till evening giving him a feeling that food is lying in the stomach ,the stool that he passes takes a very long time to pass, there is practically no thirst he forces himself to drink water.

His problem started when he suffered money and business loss resulting in family and social difficulties such as insults, humiliation etc..His anxiety for business and day to day worry starts the movement he wakes up in the morning, sleep is quite restless and he sleeps on back. In past he had many dreams which were reflecting his real life situation like anger, vexation and humiliation.

- MIND - AILMENTS FROM - business failure
- MIND - AILMENTS FROM - money; from losing
- MIND - AILMENTS FROM - mortification
- MIND - ANXIETY - morning - rising - after
- MIND - ANXIETY - morning - waking; on
- STOMACH - DISTENSION - sensation of
- STOMACH - DISTENSION - sensation of - Epigastrium
- STOMACH - ERUCTATIONS - eating - after - agg.
- STOMACH - ERUCTATIONS - forcible
- STOMACH - ERUCTATIONS - ineffectual and incomplete
- STOMACH - ERUCTATIONS - lying down - after - agg.
- STOMACH - ERUCTATIONS - rising - stooping; from - agg.
- STOMACH - ERUCTATIONS; TYPE OF - acrid
- STOMACH - NAUSEA - disordered stomach; from
- STOMACH - NAUSEA - frozen things agg.
- STOMACH - OPPRESSION - Epigastrium
- STOMACH - SLOW digestion
- STOMACH - THIRSTLESS
- RECTUM - CONSTIPATION - difficult stool
- DREAMS - VEXATIOUS

Based on above totality I wrongly selected Bryonia followed by Natrum mur in 30c potency, what was missing in the case was his anxiety in the morning on waking and nausea from frozen food, It's very important rule for selection of remedy not to ignore PQR symptoms. I selected Rhus tox 30c based on new totality, one dose daily for one week followed by Rhus tox 200c one dose weekly for two months, in three months his symptoms were much better.

Case :2

A sixty year old person French national suffering from transitional cell carcinoma phones me from Paris with painful and frequent urination, constant urging to urinate, he had past history of renal stone and since then regularly passed sand in urine, he frowned while talking, he had a disturbed sleep since many years for which he was taking tab.Zolpidem 10 mg.He was already taking Lycopodium constitutionally for all the above problems and then suddenly he develops symptoms suggestive of acute gastritis e.g. acidity, pain in the pit of the stomach after eating and unsatisfactory stools. His general practitioner advised him antacids with proton-pump inhibitors which he refused, he said he needs an urgent prescription to relieve his severe acidity, there were no causative factors mental or emotional to contribute to the case .I decided to look for a complimentary remedy to Lycopodium that covers his urinary symptoms as well as his gastric complains, here I want to confess that he had tried repeating Lycopodium for his present gastric complains but without relief even after repeating several times.

I repertorised the whole case all over again

FACE - WRINKLED

STOMACH - ACIDITY

STOMACH - INDIGESTION

STOMACH - INDIGESTION - accompanied by - acidity of stomach

STOMACH - PAIN - eating - after - agg.

STOMACH - PAIN - eating - after - agg. - pressing pain

BLADDER - CANCER

BLADDER - PAIN - urination - during - agg.

BLADDER - URINATION - dysuria - painful

BLADDER - URINATION - urging to urinate - constant

SLEEP - DISTURBED

I selected Equisetum hyemale 30c which I felt is a complimentary acute remedy for Lycopodium.

I gave three doses a day for fifteen days with slow and steady improvement of his gastric complains.