

Editorial January 2015

TWO ACUTE CASES OF ACIDS

CASE 1

I once saw a case of acute migraine in a 23 year old student of science at my clinic.

His chief complaints were as follows:

Head pain going all the way to neck (was reading books bending down for 12 hours a day approx preparing for his Graduate Record Examinations (GRE)

Head pain worse any mental exertion, motion.

Head pain better by bandaging the head and going to bed for slumber.

O/E dry cracked tongue

Has taken daily two tablets of Saridon containing (Paracetamol 250 mg and Propyphenazone 150 mg) for last 3 weeks without much relief.

I started with Picric acid 30c one dose every 4 hourly for one day. Next day he phones me and says without taking Saridon no pain ,I asked him to take one more dose of Picric acid now in 1M potency. 10 years have passed not a single headache ,later in life he passed many exams but no headache.

My key symptoms for Picric acid are as follows:

Headache : of students, teachers and overworked business men; from grief or depressing emotions; in occipital-cervical region (Nat. m., Sil.); < or brought on by slightest motion or mental exertion. Compare : Arg. n., Gels., Kali p.

CASE 2:

A 64 years old golfer see me in New Delhi with golfers elbow(medial epicondylitis) on left side. He plays golf since last 15 years, once while playing a hole on a golf course he developed this nagging pain. It was more of shooting pain worse cold air, motion, jarring and touch. Warm fomentation just gave relief for few hours. The pain was very severe, was applying Voveran Emulgel (Diclofenac Sodium) three times a day with 1 Tablet three times a day of Lanol ER 650 mg.

O/E

The part was locally very sensitive to touch.

Temperamentally even though I pressed the part very hard while examining the elbow he never got angry or shouted.

I gave him immediately of Salicylicum acidum 200c 1 tsf 3 times a day in five cup method for six days, On the seventh day he phones me in Bombay and says the pain is better by 80% without painkillers, I asked him to take two more dose of the same remedy for three more days and then stop everything. I asked him to start his golf game of which he was an ardent fan after one month. He is now 75 years old and yet he plays golf but no epicondylitis.

My key symptoms for Salicylicum acidum are as follows:

Suits best strong, robust persons of sanguineous temperament; acute, inflammatory, articular rheumatism attacking one or more joints, especially elbow or knee, with great swelling and redness; excessive sensitiveness to the least touch or jar and motion impossible