

## EDITORIAL FOR OCTOBER 2016

### A Case of Clostridium difficile colitis or pseudomembranous colitis.

This is highly infectious disease. It is inflammation of the colon due to infestation of Clostridium difficile, the toxins liberated by this bacterium is responsible for its symptomatology.

I get at least 10-20 cases every year in my clinic mostly referred from hospitals after abuse of third generation antibiotics and destroying normal bacterial flora.

#### **CASE:**

Mr. Clark aged 49 years had surgery for hernia eight months back that was followed by severe infection in the surgical wound for which he was treated with several antibiotics for six weeks, since then he had some lingering symptoms, they were as follows

Formed and unformed watery stools 4-5 times a day worse eating acidic and sour foods, maximum number of stools are passed in the afternoon when he is at work, stools are much better as evening approaches. The stools are accompanied by loss of appetite and weakness, distention of abdomen and stomach esp. after eating, rumbling and gurgling in abdomen or stomach, dull aching pain all around the abdomen. The characteristic stool was offensive, watery green, yellowish

orange or orange and profuse. There was also presence of fever 99 degrees Fahrenheit accompanying fever. Looking at his other symptoms he suffers from chronic sleeplessness without any cause, he sleeps on right side and has desire fish and coffee.

He works as an owner of a transport company which makes good profit for him, he is happily married, he smokes 3-5 cigarettes a day for 10 years and a result of his smoking he gets winter coughs and its due to his coughing he got hernia.

Since his operation and getting colitis his memory has been weak as he forgets these days' day to day events. He also has a fear of high places.

I took following rubrics

**MIND - FEAR - narrow place, in**

**MIND - MEMORY - loss of memory - urinary or intestinal trouble; after**

**STOMACH - DISTENSION - eating - after - agg.**

**STOMACH - RUMBLING**

**ABDOMEN - DISTENSION - diarrhea, with**

**ABDOMEN - DISTENSION - eating - after - agg.**

**ABDOMEN - INFLAMMATION - Colon**

**ABDOMEN - PAIN - diarrhea - during**

**RECTUM - DIARRHEA - accompanied by - appetite; loss of**

**RECTUM - DIARRHEA - acids, after**

**RECTUM - DIARRHEA - afternoon**

**RECTUM - FLATUS - offensive**

**STOOL - COPIOUS**

**STOOL - ODOR - offensive**

**STOOL - WATERY**

**STOOL - WATERY - green**

**STOOL - YELLOW - orange**

**SLEEP - POSITION - side; on - right side; on**

**SLEEP - SLEEPLESSNESS - chronic**

**FEVER - DIARRHEA - during**

**FEVER - INFLAMMATORY fever**

**GENERALS - FOOD and DRINKS - coffee - desire**

**GENERALS - FOOD and DRINKS - fish - desire**

**GENERALS - WEAKNESS - diarrhoea – from**

I started the case with natrum Sulph 30c,200c. which did not help later few doses of magnesium carb 30c was used but it was total waste of time as patient did not improve.

Finally I selected colibacillinum 30c

With the following symptoms



1. MIND - FEAR - narrow place, in
2. MIND - MEMORY - loss of memory - urinary or intestinal trouble; after
3. STOMACH - DISTENSION - eating - after - agg.
4. STOMACH - RUMBLING  
ABDOMEN - DISTENSION - eating - after - agg.

25 Explain Facility for coli.

4. STOMACH - RUMBLING
5. ABDOMEN - DISTENSION -  
eating - after - agg.
6. ABDOMEN -  
INFLAMMATION - Colon
7. ABDOMEN - PAIN -  
diarrhea - during
8. RECTUM - FLATUS -  
offensive
9. STOOL - YELLOW - orange

plain Facility for coli.

- |                                                    |    |
|----------------------------------------------------|----|
| SLEEP - POSITION - side;<br>on - right side; on    | 1  |
| 1. SLEEP -<br>SLEEPLESSNESS -<br>chronic           | 11 |
| 2. FEVER - DIARRHEA -<br>during                    | 1  |
| 3. GENERALS - FOOD and<br>DRINKS - coffee - desire | 1  |
| 4. GENERALS - FOOD and<br>DRINKS - fish - desire   |    |

Facility for coli.

- |                                             |  |
|---------------------------------------------|--|
| 5. GENERALS - WEAKNESS<br>- diarrhea - from |  |
|---------------------------------------------|--|

I gave colibacillinum 30c 5 cup method, 1 tsf 2 times a day for 3 weeks, following this lot of his symptoms improved, within two months his diarrhoea improved totally.

### **Common symptoms useful in my practice of colibacillinum are**

- Aggravation from slightest mental or physical exertion.
- Digestive disturbances after abuse of antibiotics.
- Distension of stomach/abdomen after eating.
- Heavy sensation in stomach/abdomen.
- Milk and dairy products, esp. fermented cheese.
- Recurrent chronic Urinary troubles.  
Weakness of memory after acute intestinal infection.
- Slowness of digestion.