

## EDITORIAL FOR APRIL 2017

### UNCOMMON REMEDIES IN ARTHRITIS

The word "arthritis" means joint inflammation, the term is used to describe around 150 rheumatic diseases and conditions that affect joints, the tissues that surround the joint, and other connective tissue. The most common form of arthritis is osteoarthritis. Other common rheumatic conditions include gout, fibromyalgia and rheumatoid arthritis.

Some cases I would like to discuss that I have been able to give substantial relief.

#### Case 1.

A case of poor labourer aged 49 years who works in a construction company and lifts heavy load on back since years complains of pain in right knee followed by left knee, he drinks alcohol regularly and whenever he drinks alcohol his knee pain gets worse, there is crackling of knee joint whenever he walks, he also complained of very offensive urine without any cause for which he was little embarrassed. He was given colchicum and lithium carb without any relief in the past. I gave benzoic acid 6c 3 times a day which gave him instant relief for months. The concomitant of urine and symptoms going from right to left were the main indications.

**Here are some indications commonly used to prescribe Benzoic Acid.**

- Chilly. Amel.: heat.
- Bunion of great toe.
- Constriction rectum.
- Contraction of hands.
- Cracking joints.
- Dwells on past disagreeable occurrences.
- Bony Exostoses.
- Ganglion wrist.
- Gouty rheumatic complaints alternating with urinary or heart symptoms.
- Heart-problems from suppression of gout.
- Offensive profuse perspiration agg. night, eating.
- Pain tendo Achillis.
- Renal calculi.
- Rheumatism is worse as urine is clear and reverse.
- Shifting pains.

- Tongue thick, spongy, ulcerated, cracked with the rheumatic complaints.
- Urination involuntary at night.
- Urine colour brown, dark, red; odour strong, intensely urinous.

## Case 2.

A poor man aged 61 years comes to me with a complain of osteoarthritis with swollen and painful knee joint right more than left. He was a watchman in a housing society and used to also work as domestic help. His knee pain was better by walking but his other joints like hip, lumbar was worse after walking. He was constipated and was passing black stool. He was married and his family stays in Nepal. He was shy to tell me that he passes mucus from urethra and that has made his penis flaccid, he further adds that he has never visited prostitute.

I prescribed to him *Jacaranda caroba* 30c chiefly looking at his right knee affection which was better by motion and his black stool and flaccid penis. He was given sulphur wrongly in the first few visits. After *Jacandra* he was well for months together.

**Here are some indications commonly used to prescribe Jacandra Caroba.**

Jacaranda has proven of value in osteoarthritis, especially of the right knee and when > by motion.

The urinary and sexual symptoms are important.

Nausea when eating.