

ACUTE DISEASES TREATED WITH BOGER BOENNINGHAUSEN REPERTORY

Boenninghausen contribution to homoeopathy will always be remembered till the Principles of Homoeopathy and the Law of Similar are engraved in our mind.

Most of the contributions by Dr. Boenninghausen, to the field of Homoeopathy, were between the years 1930-1940.

During my initial years in 1970's when I was studying homoeopathy, the various articles published by Dr. Boenninghausen in the journals impressed me.

The ones that impressed me the most are the following:

- Use of high attenuations.
- Three precautionary rules of Hahnemann.
- Smallness of dose.
- Selection of right remedy.

I wanted to master his repertory and use it in my practice but unfortunately, I never came across any article written by Boenninghausen on repertorization. "A Contribution to the Judgement Concerning the Characteristic Value of Symptoms." (Allg.hom.Zeit. Vol.60.p.73 ff.), was the only article that was quite near to the topic. So the only option left for me was to read the "Introduction to Boger Boenninghausen characteristics and Repertory" by Dr. H. A. Roberts, not once or twice but many times

and gradually try to understand the structure and philosophy of the book.

As I started using the Repertory, I found it very useful for following situations.

- In the Homoeopathic Out Patient Department especially when there is constant struggle for time one has to rely on totality, which is based on location, general modality and a concomitant. Such a method has been very successful for e.g.
 - A patient comes with allergic rhinitis, which is worse draft of air, and he feels quiet dull, drowsy and sleepy. The medicine peculiar for the above totality is Nux Vomica.
 - A patient comes with sebaceous cyst where any touch locally would excite pain in the cyst. In the above situation considering the rubrics head external, head external tumour and head external touch aggravates Calc carb is the best prescription for the above totality.

- Slowly I also started using the repertory in cases of fever where a chance of getting many concomitants is always possible. This practically changed my life as I could see so many senior physicians struggling in their practice to cure a case of malaria or pneumonia but for me it was a smooth walk in treating such complicated cases purely due to my experience and understanding of using Boger-Boenninghausen's Repertory especially the chapter of Circulation, Fever, partial chill, Partial coldness, sense of partial coldness, chill, heat, sweat, etc.

Here are some examples of acute cases from my OPD.

Case 1.

A woman comes to my opd accompanied by her husband aged 45 years for his constipation. He is very irritable in the morning esp after waking for next few hours i.e. before breakfast. The root cause of the problem is unsatisfactory stool and only after passing stool he feels better.

I referred Boger Boenninghausen and took following rubrics.

MIND - Aggravation - waking, on
MIND - Amelioration - stool, after
MIND - Irritable, cross
MIND - Aggravation - breakfast, before
STOOL - Constipation - feces, from hard

Based on these rubrics I selected Calcarea carb 30c which cured the case in few weeks.

Case 2

A young girl of 19 years came to me with frequent cold, coryza since many months, at present she is feverish with hoarse voice, ulceration of nostrils, bodyache with copious discharge.

I referred Boger Boenninghausen and took following rubrics.

CORYZA - Concomitants - aching in limbs
CORYZA - Concomitants - cough
CORYZA - Concomitants - feverishness
CORYZA - Concomitants - hoarseness

CORYZA - Concomitants - nostrils, eroded

CORYZA - Coryza, catarrh - fluent

CORYZA - Coryza, catarrh – recurrent

Based on above symptoms I selected sulphur 30c which not only helped the acute episode but also cured the chronic tendency.