

## EDITORIAL FOR SEPTEMBER 2017

### SOME DENTAL CASES

Everyone is affected by dental problems at one point or another. No matter how good you brush your teeth!!!!, the tiniest problem will keep on coming again and again. After all, the mouth really is a highly crowded area for bacteria and viruses. -

With this in mind, here are the 5 most common complaints I witness in my practice.

#### 1: Gum Disease

One of the main causes of tooth loss, gum disease is an annoyingly problem I see regularly. It is often brought on by plaque that has been left to mature and make the mouth its own.

#### 2: Tooth Decay

Tooth decay happens when plaque is allowed to build up on teeth. If it gets a chance to combine with the sugars and starch we eat it can create acids which have a corrosive effect on our tooth enamel.

#### 3: Sensitive Teeth

Some people are just unlucky enough to have naturally sensitive teeth. This means that when they come into contact with particularly hot or cold food, drink, or even a cold blast of wind in some cases, they may experience pain or discomfort.

#### 4: Mouth Ulcers

These are usually harmless but they're a real pain and can make eating, and even speaking, a painful or uncomfortable experience.

#### 5: Bad Breath

Everyone has experienced bad breath at least once in their life ,sometimes they can be very severe and really make patient feel miserable..

### Case

An old man aged 69 years presents with severe gingivitis with aphthae stomatitis. His chief complain was unable to swallow food, chew food, brush the teeth and bad odour from the mouth. On examination, I observed the following

The face was bloated and swollen better by rubbing the face gently

Ulcers in the mouth

Bleeding gums when pressing it

Fissured tongue

Gums detached, inflamed and looked spongy.

Caries of the teeth.

Offensive saliva

His other complain was pain in teeth whenever he has a cold drink like Pepsi or Thums up.

He went to the dentist who said that gums need special treatment that will cost him 6000 rupees, he felt that the price was too high and hence tried some herbal dental powder but without any relief, finally he was referred to me by Zoroastrian homoeopathic pharmacy.

I just took the local symptoms and selected the following symptoms

 Clipboard 1

1. FACE - BLOATED
2. FACE - FRECKLES
3. FACE - RUBBING - amel.
4. FACE - SWELLING - edematous
5. MOUTH - APHTHAE
6. MOUTH - BLEEDING - Gums - touch agg.
7. MOUTH - CRACKED - Tongue fissured
8. MOUTH - DETACHED from teeth; gums
9. MOUTH - DISCOLORATION - Gums - brown
10. MOUTH - DISCOLORATION - Tongue - black
11. MOUTH - INFLAMMATION - Gums
12. MOUTH - ODOR - offensive
13. MOUTH - SALIVA - offensive
14. MOUTH - SPONGY - Gums
15. MOUTH - SWELLING - Gums
16. MOUTH - ULCERS - Gums
17. TEETH - CARIES, decayed, hollow
18. TEETH - DISCOLORATION - yellow
19. TEETH - PAIN - cold - anything cold in mouth; from - agg.

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From his symptoms, I had to differentiate Plumbum from Thuja. Rubbing amel and offensive saliva was not present in Thuja hence the selection came down to Plumbum met, see chart below

	plb.	merc.	phos.	ars.	kali-c.	lyc.	nit-ac.	carb-v.	lach.	thuj.	sulph.	merc-c.	nat-m.	sep.
	1	2	3	4	5	6	7	8	9	10	11	12	13	14
Clipboard 1	19	17	17	15	15	14	14	14	14	14	13	12	12	12
29	42	37	30	25	28	28	27	27	16	26	27	26	23	
1. FACE - BLOATED (134) 1	1	1	2	3	2	2	1	1	2	1	1	2	2	1
2. FACE - FRECKLES (39) 1	1	1	3	-	2	3	2	1	1	1	3	-	1	2
3. FACE - RUBBING - amel. (6) 1	1	-	1	-	-	-	-	-	-	-	-	-	-	-
4. FACE - SWELLING - edematous (57) 1	2	2	2	3	-	3	-	-	1	1	-	2	2	-
5. MOUTH - APHTHAE (189) 1	2	3	2	3	2	2	2	2	2	1	3	3	2	1
6. MOUTH - BLEEDING - Gums - touch agg. (13) 1	1	3	3	-	-	1	-	1	-	-	-	-	-	2
7. MOUTH - CRACKED - Tongue fissured (112) 1	2	2	3	3	1	2	3	2	2	1	2	-	1	-
8. MOUTH - DETACHED from teeth; gums (62) 1	1	3	2	2	2	-	1	3	1	1	2	2	-	1
9. MOUTH - DISCOLORATION - Gums - brown (4) 1	2	-	2	-	-	-	-	-	-	-	-	-	-	-
10. MOUTH - DISCOLORATION - Tongue - black (61) 1	1	3	3	2	2	2	1	3	2	-	1	2	-	-
11. MOUTH - INFLAMMATION - Gums (69) 1	1	2	3	1	1	1	-	-	1	1	1	2	3	2
12. MOUTH - ODOR - offensive (209) 1	3	3	1	3	2	2	3	3	3	1	3	3	3	2
13. MOUTH - SALIVA - offensive (35) 1	1	3	1	1	1	-	3	1	2	-	-	2	-	-

	plb.	merc.	phos.	ars.	kali-c.	lyc.	nit-ac.	carb-v.	lach.	thuj.	sulph.	r
	1	2	3	4	5	6	7	8	9	10	11	1:
Clipboard 1	19	17	17	15	15	14	14	14	14	14	13	1:
29	42	37	30	25	28	28	27	27	16	26	26	2:
7. MOUTH - CRACKED - Tongue fissured (112) 1	2	2	3	3	1	2	3	2	2	1	2	-
8. MOUTH - DETACHED from teeth; gums (62) 1	1	3	2	2	2	-	1	3	1	1	2	2
9. MOUTH - DISCOLORATION - Gums - brown (4) 1	2	-	2	-	-	-	-	-	-	-	-	-
10. MOUTH - DISCOLORATION - Tongue - black (61) 1	1	3	3	2	2	2	1	3	2	-	1	2
11. MOUTH - INFLAMMATION - Gums (69) 1	1	2	3	1	1	1	-	-	1	1	1	2
12. MOUTH - ODOR - offensive (209) 1	3	3	1	3	2	2	3	3	3	1	3	3
13. MOUTH - SALIVA - offensive (35) 1	1	3	1	1	1	-	3	1	2	-	-	2
14. MOUTH - SPONGY - Gums (56) 1	1	3	-	1	1	-	3	2	3	1	3	3
15. MOUTH - SWELLING - Gums (148) 1	3	3	2	3	2	2	3	2	3	1	3	3
16. MOUTH - ULCERS - Gums (90) 1	1	3	3	1	1	2	1	2	2	2	1	2
17. TEETH - CARIES, decayed, hollow (109) 1	3	3	2	1	2	2	2	2	2	1	2	1
18. TEETH - DISCOLORATION - yellow (21) 1	1	2	-	1	1	2	1	-	-	2	-	-
19. TEETH - PAIN - cold - anything cold in mouth; from ... (58) 1	1	2	2	2	3	2	2	2	-	1	1	-

I gave 30c Plumbum met few doses a week for 6 weeks with permanent removal of all the symptoms, he went back to his dentist who declared that whatever treatment he took helped him, I had also asked patient to do salt water gargle 3 times a day for 6 weeks.