

## Cystitis – few cases

Cystitis is a fairly common disease we encounter in our female population because females have shorter urethra. Very rarely I see a male with lower urinary tract infection, to me cystitis is inflammation of the wall of the bladder. Although cystitis is not normally a serious condition, it can be uncomfortable and lead to complications as bacteria fasten to the lining of bladder using thread like structures known as pili that causes the area to become irritated and inflamed if left untreated. Majority of cystitis are due to Escherichia coli.

Radar software gives 167 remedies under the rubric BLADDER- INFLAMMATION.

**BLADDER**  
**INFLAMMATION (= cystitis):** (167) **ACON.** aids. all-c. alth. am-c. **Ant-t. APIS** arb-m. arbin. **Arg-n.** arist-cl. **Arn.** ars-s-f. **Ars.** aspar. aur-m-n. bals-p. bamb-a. **Bar-m. Baros. BELL.** benz-ac. **Berb.** bism. bov. cact. **Calad. Calc.** camph-ac. camph. **Cann-i. cann-s. Cann-xyz. CANTH. Caps.** carb-ac. carb-v. **Caust.** cham. **Chim. Chinin-s.** cinnb. clem. coc-c. colch. coleus-a. coli. coll. coloc. **Con. Cop. corv-cor. Cub. Dig. Dulc. elat. Epig. EQUIS-H.** erig. **Ery-a. Eucal. Eup-pur. Fab. ferr.** ferr-act. ferr-p. ferr. form. gali. **Gels. gonotox.** graph. grin. guaj. **Hell.** helon. **Hydr.** hydrang. **Hyos.** hyper. ign. iod. juni-c. kali-ar. kali-bi. kali-c. kali-chl. kali-m. kola **LACH.** lil-t. linu-u. lith-c. **LYC.** lyss. mag-f. **Med. Merc-c. Merc-i-r. Merc.** methyl. mez. mill. mit. **Moni. morg-g. morg-p. murx.**

musa mut. myrt-c. nat-c. **Nit-ac. Nux-v. oci-sa. Ol-sant. otit-m-xyz. parathy. pareir. petr. petros. ph-ac. phos. phys. pip-m. plb-xyz. plb. polyg-h. pop. prot. prun. psor. PULS. rhus-a. Rhus-t. ruta sabad. sabal Sabin. santa. santin. SARS. Saur. senec. seneg. SEP. silphu. solid. squil. staph. stigm. stram. sul-ac. Sulph. syc. tarent. tax. TER. thlas. thuj. tritic. Tub. uva vacc-m. verat-v. vesi. xanrhoe.**

### Case: 1

A old lady 83 years old complains of constant desire to urinate, frequent painful urination as a result afraid to strain the bladder while urinating then suddenly she passes involuntary urine which is not painful, many times the urgency is excessive but she only passes few drops, urine culture shows colony count of E coli 2,00,000, routine urine shows 150-200 pus cells, albumin plus ++. O/E there was no fever but abdomen was distended based on above symptoms Triticum repens 30C 5 cup method, 1 tea spoon full 8 hourly. After 7 days, the culture and urine report becomes normal.

Triticum is a very useful remedy for following symptoms associated with cystitis:

- BLADDER - INFLAMMATION – acute and chronic cystitis
- Dysuria - painful
- INFLAMMATION – Pelvis of ureter
- PROSTATE GLAND - INFLAMMATION SWELLING
- RETENTION of urine - enlarged prostate, from
- URETHRA - DISCHARGE - gonorrhoeal
- Urging to urinate – constant, frequent
- URINATION – involuntary night
- URINE - SEDIMENT - mucous- purulent- sand - gravel

## Case: 2

A lady in late seventies hospitalised for fracture of neck of femur suddenly develops massive urinary tract infection, characterised by severe dysuria along with blood clots, sero-purulent urine, excessive weakness and marked tenesmus during and after urination in bladder, there was also burning pain in the urethra worse urination after, the urine culture showed more than one lakh colony count, routine urine shows pus cells more than 180, epithelial cells ++. She received Epigea repens 6c in 5 cup method 1 tsf 8 hourly for three weeks, within 2 weeks the symptoms subsided and report came normal.

The most common symptoms Epigea repens that I have found useful in my practice are

- ABDOMEN - RUMBLING
- chronic cystitis
- KIDNEYS - INFLAMMATION - Pelvis
- KIDNEYS - PAIN - Ureters - left
- KIDNEYS - STONES
- PAIN - Neck of bladder - urination - during - agg. - burning
- PAIN - urination - during - agg. - burning
- TENESMUS - urination - after - agg.
- URINATION - dysuria - painful
- URINE - BLOODY
- URINE - SEDIMENT – brown, mucous, purulent- sand, sand – brown, sand – fine