

## EDITORIAL FOR FEBRUARY 2019

### ANO RECTAL DISORDERS & HOMOEOPATHY

Many people are shy not to talk about anorectal disorders. But there's every reason to pay attention to this critical part of the human body. When conditions like Hemorrhoids, anal fissures, rectal prolapse and fecal incontinence are affecting individual's homoeopathy comes for the rescue.

Anorectal disorders can be uncomfortable and painful. Homoeopathy can treat almost all ano rectal disorder easily if patient comes in time, especially once we understand what's causing them. Careful diagnosis is a crucial first step. Because "anorectal disorders" is an umbrella term that can include a variety of illnesses — including hemorrhoids, rectal prolapse, anal fissures, abscesses, and others.

#### Case 1

##### Acute thrombosed pile.

A member of parliament comes from Delhi on a Sunday morning as an acute case with chief complaint of pain and swelling in ano rectal area since last seven days, he had already tried anti-inflammatory, antibiotics and homoeopathic drugs from a renowned homoeopath.

I observed following symptoms after examining him clinically:

Started after attending a party where he consumed non veg food with alcohol, next day piles got inflamed and then gradually it got larger and finally thrombosed, he is applying lignocaine 2% ointment 3-4 times a day, plus 2-3 anti-inflammatory a day.

Following were his symptoms given below in Repertorial language.

RECTUM - HEMORRHOIDS - drunkards; in

RECTUM - HEMORRHOIDS - hard

RECTUM - HEMORRHOIDS - motion agg.

RECTUM - HEMORRHOIDS - painful

RECTUM - HEMORRHOIDS - painful - stool - after - agg.

RECTUM - HEMORRHOIDS - painful - stool - during - agg.

RECTUM - HEMORRHOIDS - pressure of nates agg.

RECTUM - HEMORRHOIDS - sitting - agg.

RECTUM - HEMORRHOIDS - standing agg.

RECTUM - HEMORRHOIDS - suppressed

RECTUM - HEMORRHOIDS - thrombotic

**RECTUM - HEMORRHOIDS - touch agg.**

**RECTUM - HEMORRHOIDS - wiping after stool agg.**

Based on above symptoms I selected muriatic acid 30c 3 doses followed by 200c 2 times a day for 6 days, In seven days everything disappeared the piles got reduced and there was no trace of thrombosis, I asked him to apply raw honey on the piles 2-3 times a day, he also followed this diet which I have found very effective

In a bowl of water, soak peels of a pomegranate. Place the bowl on flame and let this water boil. Turn off the flame, strain the concoction and let it cool down. Drink this once in the morning and once in the evening.

### **Golden tips of muriatic acid in Piles**

**During stool: smarting and cutting in anus; burning in anus; colic; prolapses ani.**

**After stool: burning in anus; intolerable itching, tenderness and soreness of anus; protrusion of dark purplish varices, somewhat Amel by application of warm water, much agg from bathing with cold water.**

**Hering MM-Every eight to fourteen days, discharge of bright blood from anus, with or without stool, often so profuse as to cause great weakness; is afraid to bend over; stitches low down in left side and biting in anus; menses regular, profuse, last four days, accompanied by general indisposition; headache, with congestion to head; nausea; coldness of limbs and falling asleep of same when sitting still.**

**Hering MM- Hemorrhoids: swollen, blue; painful to touch; appear suddenly in children; protruding, reddish blue, burning; too sore to bear least touch, even sheet is uncomfortable.**

**Anal orifice surrounded by a thick, round swelling, which is separated into three unequal parts, one being as large as a hen's egg, the other two about as large as nutmegs; swelling bluish red, hard, hot, shining, very sensitive to touch; sore pain, itching, severe stitches, paroxysmal, making her cry out; cannot sit and can turn around only with great difficulty. ð Inflamed hemorrhoids after labor.**