

EDITORIAL FOR JULY 2018

RANDOM THOUGHTS ON MANAGEMENT OF SWINE FLU

Swine influenza is an infection caused by any one of several types of swine influenza viruses. Swine influenza virus (SIV) or swine-origin influenza virus (S-OIV) is any strain of the influenza family of viruses that is endemic in pigs.

Monsoon is the season when I see lots of cases of swine flu.

Case

I once saw a boy aged 14 years who got wet in rains and then next day morning suffered from body ache, low feeling, lethargy and on the same night developed chills with fever, the fever went up to 103 degrees, the boy refused to cover himself with fever, he was thirsty for water of room temperature (before fever he loved chill cold water) but now he has strong aversion to cold water, he also had some running nose with coughing and sore throat, his eyes appeared moist and watery, he felt like lying down the mother in the night gave syrup crocin to bring down the fever but next day morning I saw him in my clinic, I asked for H1N1 examination of blood for swine flu which came positive later on, what strike me the most was two symptoms one that he had a burning heat all over the body and second was chill better by eating Indian pastry (veg patty). The fever was worse at night and he avoided covering at any cost. The fever was worse at night and he avoided covering at any cost.

here were his rubrics

- HEAD - PAIN - heat - during
- EYE - LACHRYMATION - fever; during
- NOSE - SNEEZING - fever during
- THROAT - PAIN - fever - during - agg.
- THROAT - PAIN - sore
- STOMACH - APPETITE - wanting - fever - during - agg.
- RESPIRATION - DIFFICULT - fever; during
- COUGH - FEVER - during - agg.
- CHILL - EATING - after - amel.
- FEVER - BURNING heat
- FEVER - CHILL; with
- FEVER - COVERING - agg
- FEVER - INTENSE heat
- FEVER - NIGHT
- GENERALS - FOOD and DRINKS - cold drink, cold water - aversion
- GENERALS - INFLUENZA
- GENERALS - WEAKNESS - fever - during - agg.

Based on above symptoms I selected sabadilla 200c,5 cup method,1 tsf 3 times a day for 48 hours, the result was very encouraging, the fever and chills became less, appetite gradually improved and in five days the boy was back to normal

Here is the reportorial chart

	puls.	mus-t.	sabad.	bell.	ars.	nux-v.	acon.	phos.	lyc.	bry.	chin.	sulph.	verat.	apis	cham.	sil.
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
15	15	15	14	13	13	13	13	13	13	13	13	13	13	12	12	12
30	29	25	29	33	29	26	25	23	22	22	20	19	23	21	21	
1. HEAD - PAIN - heat - during (91) 1	2	2	2	3	3	2	1	1	1	1	3	1	1	3	1	3
2. EYE - LACHRYMATION - fever; during (19) 1	2	-	1	1	-	-	1	-	1	-	-	1	1	1	1	-
3. NOSE - SNEEZING - fever during (15) 1	2	3	4	1	-	-	-	-	-	1	3	-	1	-	3	1
4. THROAT - PAIN - fever - during - agg. (0) 1	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-
5. THROAT - PAIN - sore (253) 1	1	2	1	3	2	2	1	1	3	1	-	2	1	2	2	2
6. STOMACH - APPETITE - wanting - fever - during - agg. (38) 1	3	1	2	1	3	3	-	1	-	1	3	1	-	2	-	2
7. RESPIRATION - DIFFICULT - fever; during (64) 1	3	2	1	2	3	2	3	3	3	3	2	2	2	2	1	2
8. COUGH - FEVER - during - agg. (90) 1	1	1	3	2	3	3	3	3	1	2	2	1	1	2	1	1
9. CHILL - EATING - after - amel. (24) 1	-	1	1	-	2	-	1	2	-	-	-	-	-	-	-	-
10. FEVER - BURNING heat (122) 1	3	2	1	3	3	2	3	3	2	2	1	1	1	3	2	1
11. FEVER - CHILL; with (79) 1	2	3	1	3	3	3	3	1	1	2	1	3	2	1	3	1
12. FEVER - COVERING - agg (16) 1	1	1	-	-	-	2	2	-	2	-	1	-	1	-	3	-
13. FEVER - INTENSE heat (80) 1	3	3	1	3	3	2	3	2	2	2	1	1	1	2	-	2
14. FEVER - NIGHT (173) 1	3	3	2	3	2	2	2	3	2	3	1	3	1	2	2	3
15. GENERALS - FOOD and DRINKS - cold drink, cold wt... (43) 1	1	1	3	1	2	1	-	1	3	1	1	1	2	-	-	-
16. GENERALS - INFLUENZA (126) 1	1	2	1	2	1	2	2	1	1	1	1	2	2	1	1	2
17. GENERALS - WEAKNESS - fever - during - agg. (89) 1	2	2	1	1	3	3	1	3	1	2	2	1	3	2	1	1

Well sabadilla one should not forget when symptoms demand.

My other indication of sabadilla are

Sabadilla

- Alternation: mental and physical symptoms; sides; itching between nose and anus.
- Periodicity.
- Affection of mucous membranes (nose, anus).
- Erroneous ideas about his body: he is sick; parts are shrunken etc.
- Easily startled.
- Burning, red eyelids; lachrymation.
- Hay fever (first remedy in acute stage) with violent sneezing and itching, asthmatic with desire to wash face with cold water.
- Sore throat after coryza; from left to right; agg. empty swallowing; >>hot drinks.
- Itching at anus; worms.
- Reflex symptoms from worms: nymphomania, convulsions.
- Menses intermittent.
- Thick deformed horny nails.
- Very sensitive to odors: smell of flowers, garlic.
- Thirstless.
- Des.: hot things; milk; sweets; farinaceous; pudding.

- Avers.: meat; sour; coffee; garlic.
- Agg.: cold air and drinks; odors; periodical complaints: every week, 2 weeks, 4 weeks at same hour, new and full moon.
- Amel.: Warm food and drinks; bathing face with cold water.