

## EDITORIAL FOR MAY 2018

### MIASMS WHAT IT MEANS IN PRACTICE

#### **Introduction**

Hahnemann devoted 12 years from 1816 to 1828 trying to understand tried to look more deeply into the true evolution of chronic diseases.

Non-venereal chronic diseases always returned though treated correctly, homeopathically. It usually returned with the same symptom or with additional new symptoms. The new remedy thus selected has not only to cover the old ones but new ones together.

**Hahnemann realized very late in his life that initially what he treated is individual symptom but was only fragments of a deeper miasmatic disease.**

Miasms he always felt was either inherited or acquired from contamination or suppression. Relapse of the symptom do occur if one does not treat a case miasmatically.

Hahnemann original thinking was that miasms are named for particular illness from which they originate.

Let's me first give you an overview of Hahnemann's theory of the nature of chronic diseases.

Essentially, Hahnemann realized that he had noted little success in his patients' long-term recovery from chronic diseases, although he achieved effective homeopathic treatment of patients with acute conditions. He started looking for the underlying factor of the "constancy and perseverance" of chronic diseases. He asked himself whether it could be due to too small a number of remedies being known. **He said this explanation didn't fully satisfy him, even though in hindsight it was one of the major elements of the solution.** Hahnemann said that from 1816-17, he tried to resolve this question day and night.

Hahnemann reported that the cause of chronic diseases was an underlying chronic infection or miasm. At first glance, this makes a lot of sense as most chronic diseases evolve in a similar fashion as infectious disease—relentlessly progressing each time the defenses of the organism are down. Hahnemann concluded, from the evidence then available to him, that almost all chronic diseases had their origin in three underlying miasmatic or infectious diseases, namely syphilis, sycosis or what he called "the fig wart disease" (genital warts), and Psora (scabies). He writes, "In Europe and also on the other continents so far as it is known, according

to all investigations, only three chronic miasms are found, the diseases caused by which manifest themselves through local symptoms, and from which most, if not all, the chronic diseases originate; namely, first, syphilis, which I have also called the venereal chancre disease; then sycosis, or the fig wart disease, and finally the chronic disease which lies at the foundation of the eruption of itch; i.e., the Psora which I shall treat first as the most important." This discovery led him to search for remedies addressing what he considered to be the most important of these chronic diseases, Psora or scabies. Thus, in 1828 he published the first volume of his materia medica of antipsoric remedies.

## **Case 1**

A child aged 4 years with atopic asthma since 3 months of age had applied different varieties of cortisone based ointment without much relief, the child father and grandfather also suffered from some skin eruptions with itching and oozing. The main complaint was severe itching redness and dryness sometimes with oozing, the itching was so severe that the child mood started getting affected as it was 24x7. The only modality was better in cold room worse in hot and stuffy room. In the night or while going to bed even though the room was cool the itching aggravated, there was a peculiar odor which I can't describe but not a good one was coming from

the skin. This odor will even remain after a good bath All the child used to do was scratching day and night like a monkey. Any change of weather will show the effect on itching and eruptions. As a new born till 2 years the child cried every night. When I examined the child ear there was a serous fluid oozing behind the ear. The child was very badly constipated. Even though cold air ameliorated yet the child feels very chilly if the air condition is below 20 degrees.

Based on above symptoms I selected Psorinum LM1 5 cup method 1 dose for 3 days followed by observation

### **Reasons**

- Body odor
- Change of weather aggravate
- Constipation
- F/H Itch
- Itching voluptuous
- Suppressed eruption

Remember Psorinum should not be given for Psora or the psoric diathesis, but like every other remedy, upon a strict individualization - the totality of the symptoms - and then we realize its wonderful work. Sulphur and Psorinum are extremely useful while handling psoric miasm

Here I will describe when and how to choose. (I do this in my practice too)

Symptoms	Psorinum	Sulphur
SKIN - BITING - scratching agg.; after - changing place on scratching SKIN - BURNING - scratching; after		+++
SKIN - COMPLAINTS of skin - eruptions; after suppressed	++	
SKIN - CRACKS - washing; after		++
SKIN - DIRTY - oily oozing SKIN - DIRTY - oily oozing - odor  SKIN - DIRTY - oily oozing - odor - flesh; of rotten  SKIN - DIRTY - oily oozing - odor - nauseating  SKIN - DIRTY - oily oozing - odor - unhealthy	+++++	
SKIN - ERUPTIONS - inflamed	+++++++	

<p>SKIN - ERUPTIONS - inflamed - bad smelling</p> <p>SKIN - ERUPTIONS - inflamed - itching</p> <p>SKIN - ERUPTIONS - inflamed - oozing</p> <p>SKIN - ERUPTIONS - inflamed - scratching; from</p> <p>SKIN - ERUPTIONS - itching</p>		
<p>SKIN - ERUPTIONS - itching - menses - during - agg.</p> <p>SKIN - ERUPTIONS - itching - patches - bleeding after scratching</p>		++++
<p>SKIN - ITCHING - eruptions - without</p>	+++	