

Attention Deficit Hyperactivity Disorder & Homoeopathy

Attention deficit hyperactivity disorder (ADHD) is a neurodevelopmental disorder. The core characteristics are difficulty with regulating attention and controlling impulses and hyperactivity.

Some behaviour commonly seen in practice are

- . Problems playing quietly
- Avoidance of tasks needing extended mental effort
- Daydreaming
- Emotional turmoil
- Fidgetiness
- Forgetfulness
- Interrupting
- Lack of focus
- Mistakes-makes many.
- Self-focused behavior
- Trouble getting organized
- Trouble waiting their turn
- Unfinished tasks-problems finishing task.

Case: a child aged 10 years consulted me for ADHD. Chief complaints were difficulty in concentration, poor grades in school, frequent absence spells. No focus on studies, makes mistakes while writing. Frequently quarrels with elder brother sometimes it's the brother with stones. He is very restless cannot finish any work given to him, frequently touches things around him without any cause. Sharp noise irritates him, he is afraid of dark, his absence spells were bothering to

her mother quite a lot as many times he would miss copying home-work from blackboard and instructions from teachers. He loves to spend lot of energy doing activity which has no meaning like running, jumping, wandering, he can play games for hours without getting tired. At physical level he had only allergic catarrh in throat every morning, which made him hawk mucus from the throat.

I took following rubrics;

1. MIND - ABSENTMINDED
2. MIND - ANGER - violent
3. MIND - CAREFREE - desire to be
4. MIND - CONCENTRATION - difficult
5. MIND - CONCENTRATION - difficult - focus; inability to
6. MIND - CONCENTRATION - difficult - spaciness
7. MIND - CONCENTRATION - difficult - studying
8. MIND - DULLNESS
9. MIND - FEAR - dark; of
10. MIND - IMPATIENCE
11. MIND - RESTLESSNESS
12. MIND - SENSITIVE - noise, to
13. MIND - TEMPER TANTRUMS
14. MIND - UNDERTAKING - many things, persevering in nothing
15. NOSE - CATARRH - Postnasal
16. EXTREMITIES - RESTLESSNESS
17. GENERALS - ENERGY - excess of energy

Based on above symptoms following was the analysis,

	lyc.	nux-v.	acon.	sulph.	phos.	med.	sil.	nat-m.	calc.	lach.	hyos.	buteo-j.	sep.	kali-c.	stram.	bell.
1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	
14	13	13	13	13	13	12	12	12	12	12	12	11	11	11	11	
28	31	25	24	22	19	27	25	24	24	21	16	26	22	22	20	
2	2	2	2	2	1	2	3	1	3	2	1	3	2	1	2	
2	4	3	1	1	1	1	2	2	1	2	-	2	2	1	2	
-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	
3	4	2	2	3	2	3	2	2	3	2	1	3	2	2	1	
-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	
-	-	-	-	-	-	-	-	-	-	-	1	-	-	-	-	
1	4	1	1	1	-	-	1	1	1	1	-	-	1	-	1	
3	2	2	3	3	1	3	3	3	3	3	1	3	3	2	3	
2	1	2	1	2	2	1	1	2	-	1	2	1	1	4	1	
2	3	2	3	-	2	3	2	2	2	2	1	3	2	2	1	
3	2	3	3	1	2	3	2	3	2	3	2	3	2	3	3	
2	3	3	1	2	2	3	2	2	2	1	2	3	3	1	3	
1	1	1	2	2	1	1	2	1	1	2	-	-	-	2	2	
1	1	2	1	1	2	2	-	-	2	-	-	-	-	-	-	
2	-	1	-	1	1	2	3	2	-	-	1	3	2	-	-	
3	3	1	3	2	1	3	2	3	3	1	-	1	2	3	1	

Selection of remedy, whenever you repertorise a case like this, hyos, bell, stram, will always come up. Hence it's important to understand PQRS. In this case it was "Spaciness". When referred to the proving of Buteo-Jamaicensis. This is what I found.

Buteo-j.
 Shore B
Proving

Mental Duliness Confusion. Spaciness . Inability to concentrate and focus. Easily distracted < - - - > More focussed.

Mistakes in writing, skipping words, spelling errors, writing incorrectly.

Extreme clarity of thinking.

I gave Buteo Jamaicensis 30C potency with infrequent repetitions for 6 months with marked improvement in his symptoms of ADHD.

